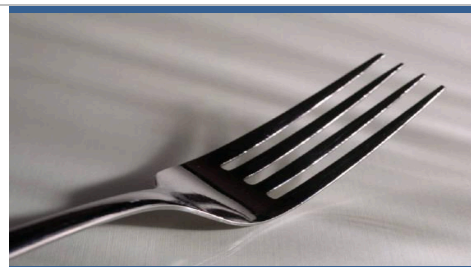


WEEKLY LUNCH MENU

Term 2, 2025



		PRESCHOOL		PRIMARY SCHOOL	
		NON-VEG	VEG	NON-VEG	VEG
WEEK ONE	MONDAY	Hearty Tuscan white bean soup	Hearty Tuscan white bean soup	Mixed bean Casserole served with rice	Mixed bean Casserole served with rice
	TUESDAY	Napolitana Spaghetti with veggies	Napolitana Spaghetti with veggies	Napolitana Spaghetti with veggies	Napolitana Spaghetti with veggies
	WEDNESDAY	Bread with tuna, sweet corn and carrot	Bread with cheese sweet corn and carrot	Tuna melt panini, with cabbage and carrot salad	Cheese melt panini with cabbage and carrot salad
	THURSDAY	Cantonese rice with mixed vegetables, quinoa and chicken	Cantonese rice with mixed vegetables, quinoa	Cantonese rice with mixed vegetables, quinoa and chicken	Cantonese rice with mixed vegetables, quinoa
	FRIDAY	Sandwich with shredded chicken, cheese, carrots and lettuce	Sandwich with cheese, carrots, lettuce and tomato	Sandwich with shredded chicken, cheese, carrots and lettuce	Sandwich with cheese, carrots, lettuce and tomato
WEEK TWO	MONDAY	Chicken and sautéed bok choy served with rice and quinoa	Bok choy and sautéed onion served with rice and quinoa and mashed potatoes	Chicken and sautéed bok choy served with rice and quinoa	Bok choy and sautéed onion served with rice and quinoa and mashed potatoes
	TUESDAY	Pasta with Cauliflower in a cheesy white sauce	Pasta with Cauliflower in a cheesy white sauce	Pasta with Cauliflower in a cheesy white sauce	Pasta with Cauliflower in a cheesy white sauce
	WEDNESDAY	Mushroom & sweet corn vegetable soup with tofu & vermicelli	Mushroom & sweet corn vegetable soup with tofu & vermicelli	Sautéed chicken, sweetcorn and veg in a soft roll	Sautéed tofu, sweetcorn and veg in a soft roll
	THURSDAY	Black lentils and egg rougaille served with rice and sautéed chouchou	Black lentils and pea rougaille served with rice and sautéed chouchou	Black lentils and egg rougaille served with rice and sautéed chouchou	Black lentils and pea rougaille served with rice and sautéed chouchou
	FRIDAY	Lamb penne bolognese with mixed veggies	Mushroom penne bolognese with mixed veggies	Lamb penne bolognese with mixed veggies	Mushroom penne bolognese with mixed veggies